

**THE STUDENTS' PERCEPTION ON THE IMPORTANCE OF SELF-
CONFIDENCE TO IMPROVE THEIR SPEAKING PERFORMANCE IN EFL
CLASSROOM AT ENGLISH EDUCATION STUDY
PROGRAM UNIVERSITAS TRIDINANTI PALEMBANG**

THESIS

**BY
SRI AYEM
NIM 372016044**



**UNIVERSITAS MUHAMMADIYAH PALEMBANG
FACULTY OF TEACHER TRAINING AND EDUCATION
ENGLISH EDUCATION STUDY PROGRAM
AUGUST 2020**

**THE STUDENTS' PERCEPTION ON THE IMPORTANCE OF SELF-
CONFIDENCE TO IMPROVE THEIR SPEAKING PERFORMANCE IN EFL
CLASSROOM AT ENGLISH EDUCATION STUDY PROGRAM
*UNIVERSITAS TRIDINANTI PALEMBANG***

THESIS

**Presented to
Universitas Muhammadiyah Palembang
In Partial Fulfillment of the Requirements
For the Degree of Sarjana in English Language Education**

**By
Sri Ayem
NIM 372016044**

***UNIVERSITAS MUHAMMADIYAH PALEMBANG*
FACULTY OF TEACHER TRAINING AND EDUCATION
ENGLISH EDUCATION STUDY PROGRAM
August 2020**

This thesis was written by Sri Ayem has been certified to the examined.

Palembang, 31 Agustus 2020

Advisor I,



Sherly Marlhasari, S.Pd., M.Pd.

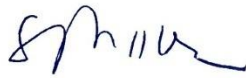
Palembang, 31 Agustus 2020

Advisor II,



Indah Windra DA, S.Pd., M.Pd.

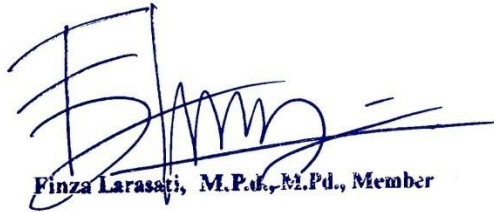
This thesis to certify that is Sarjana's thesis of Sri Ayem has been approved by the board of examiners as the requirements for the Sarjana Degree in English Language Education.



Sherly Marliasari, S.Pd., M.Pd., Chairperson



Indah Windra DA, S.Pd., M.Pd., Member



Pinza Larasati, M.Pd., M.Pd., Member

**Acknowledged by
The Head of English
Education Study Program,**



Sri Yuliani, S.Pd., M.Pd.

**Approved by
Dean of
FKIP UMP,**



Dr. H. Rusdy AS, M.Pd.

SURAT KETERANGAN PERTANGGUNG JAWABAN PENULISAN SKRIPSI

Saya yang bertanda tangan dibawah ini:

Nama: Sri Ayem

Nim: 372016044

Program Studi: Pendidikan Bahasa Inggris

Fakultas : Keguruan dan Ilmu Pendidikan

Universitas : Muhammadiyah Palembang

Judul: The Students' Perception on the Importace of Self-confidence to Improve Their Speking Performance in EFL Classroom at English Study Program Universitas Tridinanti Palembang

Menerangkan dengan ini sesungguhnya bahwa:

1. Skripsi yang segera saya ajukan ini benar-benar pekerjaan saya (bukan barang jiplakan)
2. Apabila kemudian hari terbukti/dapat dibuktikan skripsi ini hsil jiplakan maka saya akan menanggung resiko sesuai dengan hukum yang berlaku.

Palembang, Agustus 2020
Yang menerangkan,
Mahasiswa yang bersangkutan



Sri Ayem

MOTTO AND DEDICATION

Motto:

- *One day, if there are more things ahead for you to face, don't ever say that you can't crack it. Look back, on every feat you have done, then for that only you can do, then for the next things you can surely do*
- *Always be patient in all things and always be grateful for all that Allah has given to you*

Dedication:

- *My beloved parents, Jarno, and Sarmi. Thank you so much for your wonderful and amazing love, spirit, pray and patience, support, guidance, and everything given to me.*
- *Mojito's family, especially Mujinah, Eko Santoso, Yosi Mayangsari and Musah Efendi, thank you for the prayers, support, and also the costs that you gave to me when I was in college. Thank you for helping me fulfill one of my dreams, even though we don't have blood ties*
- *My beloved sisters and brother Darwati, Sidik Amanah, Putri Ayu, Tri Handayani, especially Winanti, thank you for financing my college, thank you because of you I can feel what college is*
- *My big family, thank you for all your support, pray, and help.*
- *The head of English Education Study Program, Sri Yuliani, S.Pd., M.Pd. Thank you for your help, advice, and support*
- *My best advisor Sherly Marliasari, S.Pd., M.Pd, and Indah Windra DA, S.Pd., M.Pd thank you so much for guidance, advice, help, patience, support, spirit, and in conducting this thesis.*
- *My good-hearted lectures Kurnia Saputri, S.Pd., M.Pd always give me ways*
- *All of my lectures in the Faculty of Teacher Training and Education English Study Program Universitas Muhammadiyah Palembang*

- *All of my beloved friends in the English Education Study Program 2016. Especially Anggita Trusti Widianti, Siti Rosidah and Hani Nurbaiti thank you for your support, advice, friendship, help, and happiness*
- *My beloved friends in the boarding house Arleta, Risa especially Mita, thank you 4 years for stories of sadness, happiness, enthusiasm, support, and prayers.*
- *My beloved friends of KKN Posko 115 in Kelurahan 14 Ulu Palembang*
- *All people who have helped and given me support and spirit in doing this thesis*

ABSTRACT

Sri, Ayem 2020. *The students' perception on the importance of self confidence to improve their speaking performance in EFLclassroom at English study program Universitas Tridinanti" Palembang*. Thesis, English Study Program, Sarjana Degree (S1), Faculty of Teacher Training and Education, *Universitas Muhammadiyah Palembang*.

Advisors: (I) Sherly Marliasari, S.Pd., M.Pd. and (II) Indah Windra DA, S.Pd., M.Pd

KeyWords: Sudents' Perceptions, Self-Confidence, Speaking Performance

This thesis entitled "The students' perception on the importance self confidence to improve their speaking performance in EFL classroom at English study program *Universitas Tridinanti Palembang*". The objective of this study was to find out the students' perception on the importance self confidence to improve their speaking performance in EFLclassroom at English study program *Universitas Tridinanti Palembang*. There were 35 students was taken as the sample of this study who determined by using purposive random sampling. The method of this study was descriptive qualitative. Questionnaire was used as the instrument of this study. For analyzing the data the researcher used percentage analysis. The result of this study showed that almost three-quarters of the students not brave when they have to speak and wait until someone starts it first, they have good confidence when they have to answer a question and they have high confidence when they are sure about their answer. There were two factors internal and external factors, the internal factors consisted of intellection, motivation, and habits, while external factors consisted of environment, parents, community, and experience that effect students' confidence in speaking performnce.

ACKNOWLEDGEMENTS

**Bismillahirrohmanirrohim
Alhamdulillahirabbila'laamiin**

First and Foremost, the Highest Gratitude and Gratefulness reward is only for an Allah SWT who has given blessing and ability to the researcher to fulfill and complete this thesis entitled “The Students’ Perceptions on The Importance Self-Confidence to Improve Their Speaking Performance in “*Universitas Tridinanti Palembang*”, *Shalawat* and *Salam* are also delivered to our prophet Muhammad SAW who has brought Islam as the *Ramatan Lil Alamin*. The researcher would like to express her sincerest and deepest gratitude to theses following people

1. Dr. Abid Djazuli, SE., MM., Rector of *Universits Muhammadiyah Palembang* (UMP) who has permitted to do this study
2. Dr. H. Rusdy AS, M.Pd., Dean of Faculty of Teacher Training and Education.
3. Sri Yuliani, S. Pd., M.Pd Head of English Education Study Program
4. Sherly Marliasari, S.Pd., M.Pd, and Indah Windra DA, S.Pd., M.Pd., who have guided, helped, advised, supported the incredible suggestions and comments for the researcher to the settle this time on time and be better
5. All the lectures and academic staff of English Departement in *Universitas Muhammadiyah Palembang* who have taught and helped the researcher during the research
6. *Universitas Tridinanti Palembang* especially of Faculty of Teacher Training and Education, English Education Study Program for giving permission and facilities

in this research

7. The researcher also thanks to her parents who have given supports during her time studying in this university
8. All of her family and friends who have given their love, prayer, and support to finish this thesis
9. All of the sample(the fourth, sixth, and eighth-semester students at *UniversitasTridinanti* Palembang) who have helped her to get the data of this thesis.

The researcher realized that this thesis is not perfect. There are still many weaknesses in this thesis. The researcher accepted any kind of suggestion and advice for the sake of the use of this thesis for this university and the next researcher in the future

Palembang August 2019

The Researcher

SA

LIST OF CONTENTS

	Pages
TITLE PAGE	i
AGREEMENT PAGE.....	ii
APPROVAL PAGE	iii
SURAT PERYATAAN PLAGIAT.....	iv
MOTTO AND DEDICATION	v
ABSTRACT.....	vii
ACKNOWLEDMENT.....	viii
LIST OF CONTENTS	x
LIST OF TABLES.....	xii
LIST OF APPENDICES.....	xiii
CHAPTER I INTRODUCTION.....	
1.1 Background of the Study	1
1.2 Problem of the Study	5
1.3 Limitation of the Study.....	5
1.4 Formulation of the Study	5
1.5 Objective of the Study	5
1.6 Significances of the Study	5
CHAPTER II LITERATURE REVIEW	
2.1 Perception	7
2.1.1 Component of Perception	8
2.1.2 Factors Affecting Perception.....	9
2.1.3 The Perception Study.....	9
2.2 Self-Confidence	10
2.2.1 Aspect of Self-Confidence	13
2.2.2 Characteristics of Self-Confidence	13
2.2.3 Factors Build Self-Confidence.....	14
2.3 Speaking.....	14
2.3.1 Speaking Performance	16
2.3.2 Characteristic of Speaking Skill	17
2.3.3 Speaking Problem.....	18

2.3.4 Factors Affecting Speaking Performance	19
2.4 Previous Related Study	20
CHAPTER III METHODOLOGY OF THE RESEARCH.....	
3.1 Method of the Research	25
3.2 Operational Definitions.....	25
3.2.1 Perception	25
3.2.2 Self-Confidence	26
3.2.3 Speaking Performance	26
3.3 Population and Sample	26
3.3.1 Population	26
3.3.2 Sample	27
3.4 Technique for Collecting the Data	28
3.5. Technique for Analyzing the Data	31
CHAPTER IV FINDING AND INTERPRETATION	
4.1 Finding of the Study	33
4.1.1 The Result of Questionnaire	33
4.2 Interpretation.....	48
CHAPTER V. CONCLUSION AND SUGGESTION.....	
5.1 Conclusion	51
5.2 Suggestion.....	52
REFERENCES.....	
APPENDICES	

LIST OF TABLES

Tables	Pages
1. Population of the Study.....	27
2. Sample of the Study	27
3. Specification of Questionnaire.....	29
4. The Category Instrument of Questionnaire.....	29
5. Questionnaire	29
6. The result of Closed-Ended Questionnaire	33

LIST OF APPENDICES

Appendices	Pages
1. The Questionnaire	57
2. The Result of Questionnaire	59
3. Daftar Nama Mahasiwa Aktif Universitas Tridinanti Palembang	60
4. Screenshot Google Form	64
5. Surat Keputusan Dekan Tentang Pengangkatan Dosen Pembimbing Skripsi	66
6. Usulan Judul Skripsi	67
7. Surat Permohonan Riset dari Ump.....	68
8. Surat Balasan Riset dari Universitas Tridinanti Palembang	69
9. Undangan Ujian skripsi	70
10. Surat Pertanggung Jawaban Penulisan Skripsi	71
11. Laporan Kemajuan Bimbingan Skripsi.....	72
12. Bukti Perbaikan Skripsi	76
13. Biography.....	77

CHAPTER 1

INTRODUCTION

This chapter presents (1) background of the study, (2) problem of the study, (3) limitation of the study, (4) formulation of the study, (5) objective of the study, and (6) significance of the study

1.1 Background of the Study

Communication always has an important role in social life communication involves the sender and receiver of information. According to Suryatiningsih (2015), communication is very important to be communicated between the first speaker and another speaker. Humans use language as a means of communication with other people, as a tool to express their ideas and wishes (p.1) in this case communication is the process of exchanging and understanding information among people that means communication as a tool for exchanging information. Future more, Pujiyanti and Zuliani (2014) said that communication is important for human because it can use to express a feeling, idea, mind, etc., (p.43). With communication, people can have a good relationship in society. Therefore, language is needed to be able to communicate with each other language is one of the important things in communication and it is used as a tool to communicate with people in the world. Arung (2016) stated that language is a system for the expression of meaning it is primary function is for interaction and communication (p.70) it means that language is used by humans to

know and to understand each other. Language learning needed to communicate can run well.

English is an international language which has been received by countries all over the world and it is very useful in many activities today. As a foreign language English becomes important. The English language is learned seriously by many people to have a good prospect in the community of the international world. Hakim (2015) English is the language of diplomacy and international communications, business, tourism, education, science, computer technology, media, and the Internet. In addition, English is used as a tool to develop communication, technology, programming, and software (p.437). In a good understanding of English, people can travel around the world and learn many subjects in the sciences and technology easily. There are four skills in learning English they are listening, speaking, reading, and writing.

Speaking is one of language the skills which is very important to be mastered by students to communicate effectively. Wahyudi, Said, and Waris (2015) said that speaking is one of the skills in language learning that has to be fulfilled. Speaking is a skill that holds oral communication that involves meaning derivation between two persons or more, as the speaker and the listener (p.1). Based on the statement above, the writer concluded that speaking is one of the acquirements in language learning to be fulfilled and the skill that holds oral communication which involves decreasing meaning between two or more people, as a speaker and listener. Speaking can be the way to carry out feeling through words, even conversations with others.

Communication ability in speaking is needed because speaking involves not only knowledge but also psychological factors.

Nurmawati and Wa Muna (2015) claimed that mastering speaking skills are not an easy matter to do. It can be seen from the reality that a lot of Indonesian English learners are still incapable to speak English despite they have learned the language for many years at various levels. Speaking in front of the classroom is not easy to do it. They know what they want to say, but they do not know how to say it. The problem faced by students in speaking activities is 'shame' and 'nothing to say'. One valid reason that makes students shy is they are never encouraged to participate in conversations or other (p.52).

In this case, without having self-confidence students will get many troubles to speak English in the classroom. Self-confidence influenced the process of speaking activity because language learning is a complex process that influences cognitive and affective factors which constitute the main source of individual differences in foreign language learning. According to Al-Hebaish (2012), self-confidence is one of the most influential variables which affect learning. It is one of the central drives in human beings and can exercise a determining influence on a person's life, for good or bad (p.60) it means a student who has self-confidence will be able to overcome fears or negative thoughts, so they will be easy to communicate, especially in speaking in front of the class. On the other hand, Gurler (2015) said that self-confidence has key characteristics to initiate any action especially to speak in L2. Among all other language skills, speaking is an exclusive place to have effective communication, and

confidence is one of the facilitators for starting a conversation (p.14). In conclusion, students who can communicate smoothly and confidently, as a good impact of high self-confidence, students can improve their speaking performance in class. People who have confidence in themselves can easily communicate smoothly. As a good effect of high self-confidence, they can improve their speaking performance.

Besides that self-confidence has an important role in speaking performance based on the researcher experienced and the reality that exists while learning English from elementary school to college the researcher found many difficulties, especially in terms of self-confidence in public speaking. From the reality encountered during learning the researcher felt afraid wrong in the pronunciation or use of grammar that is not quite right, sometimes there are some teachers or lecturers who make students felt afraid to express their opinions. Another reason may be they are uncomfortable when talking in front of the crowd, they felt to be the center of the crowd if he spoke, They felt not confident to express their feelings of thought because they fear that people in their own will judge she. There are also students not shy, but they often complain that it is hard to say something though in small talk. Related to the researcher experience during learning in *Universitas Muhammadiyah Palembang* the researcher want to find out the similarities experience from the students at *Universitas Tridinanti Palembang* that have a same experience with the researcher in a lack confident in speaking performance

Based on the explanation stated, the researcher assumes that self-confidence has an important role in the students' speaking performance. In this research, the

researcher interested to complete the studies by exploring students' perceptions of the EFL Classroom at college entitled **“The Students’ Perception on the Importance of Self-Confidence to Improve Their Speaking Performance in EFL Classroom at English Education Study Program, Universitas Tridinanti Palembang”**.

1.2 Problem of the Study

This study was aimed to answer this research problem which about the students' perceptions on the importance of self-confidence to improve their speaking performance in EFL classrooms at English education study program *Universitas Tridinanti Palembang*.

1.3 Limitation of the Problem

In this study, the researcher focused on “The students’ perceptions on the importance of self-confidence to improve their speaking performance in EFL classrooms at English education study program *Universitas Tridinanti Palembang*”.

1.4 Formulation of the Problems

Based on the problem of the study, the formulate as follows:“What are the students' perceptions on the importance of self-confidence to improve their speaking performance in EFL classrooms at English education study program, *Universitas Tridinanti Palembang*?”

1.5 Objective of the Study

In keeping with the problem, the objective of the study to find out the students'

perceptions on the importance of self-confidence to improve their speaking performance in EFL classrooms at English education study program, *Universitas Tridinanti Palembang*.

1.6 Significance of the Study

This study provides the information about the results the students' perceptions on the importance of self-confidence to improve their speaking performance in EFL classrooms at English education study program, *Universitas Tridinanti Palembang* the following parties as follows:

a. For the writer herself

By doing this study, the researcher will have a better understanding of the activity that can improve more the ability to learning English. It will be able to be an implementation.

b. The students

To the students (in school and university); this study can motivate and also support them to increase their self-confidence in speaking performance.

c. Teachers of English

The study is useful for teachers to determine the level of confidence of students in the speaking class.

d. Other researchers

Hopefully, this study can be a reference for other researchers to do the research, especially for the researcher who wants to do the same case of study related to these studies.

REFERENCES

- Al-Hebaish, S. M. (2012). The correlation between general self-confidence and academic achievement in the oral presentation course. *Theory and Practice in language learning*, 2(1), 61-64. doi:10.4304/tpls.2.1.60-65
- Alizamar, Couto, N. (2016). *Psikologi persepsi dan design informasi*. Yogyakarta: Media Akademi
- Allo, M. D., & Priawan. (2019). Students' self-confidence in speaking skill. *Jurnal Studi Guru dan Pembelajaran*, 2(1), 1-5. <https://doi.org/10.30605/jsgp.2.1.2019.1263>
- Arung, Fernandes. (2016). Improving the students' speaking skill through debate technique. *Journal of English Education JEE*, 2(1), 70-76
- Christie, S. L., & Listyani. (2018). Teachers' strategies to improve students' self-confidence in speaking. *Register Journal*, 11(2), 139-153. <http://dx.doi.org/10.18326/rgt.v11i2.139-153>
- Dalton, P. S., & Ghosal, S. (2018). Self-confidence, overconfidence and prenatal testosterone exposure: evidence from the lab. *Frontiers in Behavioral Neuroscience*, 2(5), 1-9. doi: 10.3389/fnbeh.2018.00005
- Dewi, K. M. O. (2016). *The students' perception on the use of google translate in writing analytical exposition text: A study at SMA N 1 banguntapan*. Unpublished Paper.FKIP Yogyakarta.
- Elmiyati, E. (2019). Improving students speaking ability through debate in the classroom (a case for students at second years students, of SMAN 3 kota Bima in academic year (2017/2018). *International Journal of Multicultural and Multireligious Understanding*
- Frackel, J. R., Wallen, E. N., & Hyun, H. H. (2012). *How to design and evaluate research in education* (8th ed). New York: Mc Graw Hill.
- George, J. M., & Jones, G. R. (2012). *Understanding and managing organizational behavior*. (6th ed.). Phoenix, Az.: Pearson Education
- Guler, Ismail. (2015). Correlation between self-confidence and speaking skill of English language teaching and English language and literature preparatory students. *CurrRes SocSci*, 1(2), 14-19

- Hakim, A.R. (2015). Experienced efl teachers' challenges and strategies in teaching speaking for introvert students. *European Journal of Social Sciences*, 48(4), 437-446
- Hanief, N.Y., & Himawanto, W. (2017). *Statistik pendidikan*. Yogyakarta:Deepublish
- Husnawati. (2017). Students' speaking performance: some challenging factors (Submitted as a partial requirements for undergraduate degree in english education department). Retrieved from <https://repository.ar-raniry.ac.id/id/eprint/1236/>
- Inayah, Ratih. (2015). Improving students' speaking skill through storytelling technique. *ELTIN Journal*, 3(1), 25-37
- Komara, I.B (2016). Hubungan antara kepercayaan diri dengan prestasi belajar dan perencanaan karir siswa. *Psikopedagogia*, 5(1), 33-42
- Leong, L. M., & Ahmadi, S. M. (2017). An analysis of factors influencing learners' english speaking skill. *International Journal of Reseach English Education*
- Normawati & Muna., W. (2015). The correlation between self-confidence and thestudents' speaking performance of amik global kendari. *LANGKAWI Journal of The Association for Arabic and English*, 1(1), 51-68
- Oxford University. (2010). *Oxford learner's pocket dictionary* (4th ed). New York, NY: Oxford University Press.
- Pratama, A. M. (2017). Factors affecting students' confidence in public speaking. *Journal of Languages and Language Teaching*, 5(2), 67-70
- Pujiyanti, U., & Zulaini, F. R. (2014). *Cross cultural understanding: A handbook to understand others' cultures*. Yogyakarta: CV Hidayah.
- Resha, P.W., Said, MM., & Waris, A. (2015) Developing speaking skill of grade viii students through short convection. *E-Journal of English Language Teaching Society (ELTS)*, 3(1), 1-13
- Sudijono, A. (2017). *Pengantar statisik pendidikan*. Jakarta: PT. Raja Grafindo Persada
- Sugiyono. (2018). *Metode penelitian pendidikan (pendekatan kualitatif, kualitatif dan R&D)*. Bandung: Alfabeta.
- Suryadi. (2018). The effects of self-confidence and vocabulary mastery on students' speaking skill. *Journal of English Language Studies*, 3(2), 192-202

- Suryatiningsih, N. (2015). A study on the students' ability in pronunciation diphthong at STKIP PGRI Pasuruan. *Journal Dimensi Pendidikan dan Pembelajaran*, 3(2), 1-12
- Susanti, Anjely. (2018). *Pengaruh pembelajaran numbered head together terhadap kepercayaan diri siswa SMA untuk berbicara di depan kelas*. Unpublished undergraduate thesis. Semarang, Universitas Katolik Soegijapranata
- Syahri, I., Sulaiman, M., & Susanti, R. (2017). *Metodologi penelitian pendidikan bahasa*. Palembang: Roemah Sufie.
- Tuan, N. H., & Mai, T. N. (2015). Factors affecting students' speaking performance at le thanh hien high school. *Asian Journal of Educational Research*, 3(2), 8-23
- Unumeri, G.O. (2009). *Perception and conflict*. Nigeria: National Open University of Nigeria
- Wahyuni, Mita. (2018). *Correlation study between students' self-confidence and their speaking achievement at the eighth grade of smp al-islam surakarta in academic year 2017/2018* (Submitted as a partial requirements for undergraduate degree in english education department). Retrieved from http://eprints.iainsurakarta.ac.id/1831/1/Mita%20Wahyuni_%20Septi%20Wulan%20Sari.pdf